



Cape Fear Coalition for a Drug Free Tomorrow

August 2015

Special Points of interest:

- The Cape Fear Coalition is applying for the Project Lazarus grant.

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Updates in the Field

Today's Heroin Epidemic-CDC Heroin use has increased across the US among men and women, most age groups, and all income levels. Some of the greatest increases occurred in demographic groups with historically low rates of heroin use: women, the privately insured, and people with higher incomes. Not only are people using heroin, they are also abusing multiple other substances, especially cocaine and prescription opioid painkillers. As heroin use has increased, so have heroin-related overdose deaths. Between 2002 and 2013, the rate of heroin-related overdose deaths nearly quadrupled, and more than 8,200 people died in 2013. States play a central role in prevention, treatment, and recovery efforts for this growing epidemic.

States can:

- Address the strongest risk factor for heroin addiction: addiction to prescription opioid painkillers.
- Increase access to substance abuse treatment services, including Medication-Assisted Treatment (MAT), for opioid addiction.
- Expand access to and training for administering naloxone to reduce opioid overdose deaths.
- Ensure that people have access to integrated prevention services, including access to sterile injection equipment from a reliable source, as allowed by local policy.
- Help local jurisdictions to put these effective practices to work in communities where drug addiction is common.

Did you know...

With antidepressants and alcohol both slow down the central nervous system, affecting the brain - impairing thinking skills and alertness sooner.

Fun Fact:

In 1988, alcohol was declared a cancer causing agent by the World Health Organization.

National
Recovery Month
Prevention Works · Treatment is Effective · People Recover
SEPTEMBER 2015

Permanent Drop Box Locations:

3950 Juvenile Center Rd. Castle Hayne, NC 28429

(Sheriff's Office Front Desk Detention Center)

24 N. 3rd Street
Wilmington, NC 28403

(The Historic Courthouse Downtown, Room 201)

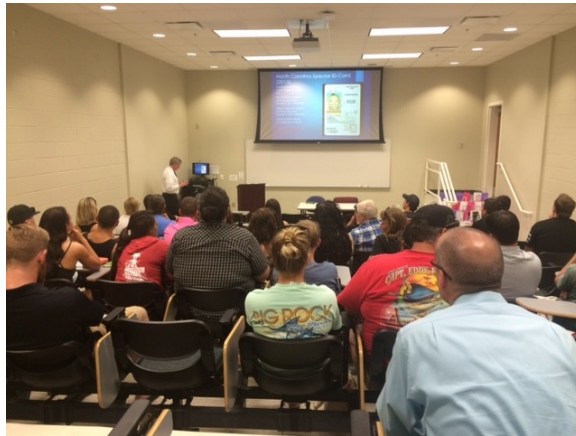
Did You know...

Drinking can be harmful when taking certain over-the-counter and prescription pain relievers because alcohol intensifies the effect of some pain medicines. It's generally safe to drink in small amounts if you're taking acetaminophen (Tylenol), but that chronic drinking and acetaminophen use can cause liver damage.

Recent events

BARS & RASP Trainings

The Cape Fear Coalition partnered with ABC and ALE to host three Be A Responsible Server (BARS) training in New Hanover County with over 200 individuals in attendance. ABC and UNCW also hosted two more Responsible Alcohol Seller Program (RASP) for sellers around the university.



Policy Updates

- In the General Assembly of North Carolina Session 2015 three bills were passed related to palcohol. Palcohol is freeze-dried vodka, rum, “powderitas” and other drinks that can be added to water to make an alcoholic beverage.
 - House Bill 290—Prohibits the sale, possession, or consumption of powdered alcohol and clarifies that the Administrative Procedure Act applies to certain actions taken by the ABC Commission.
 - House Bill 707-Prohibits the sale, possession, or consumption of powdered alcohol.
 - House Bill 909-Makes various changes to the alcoholic beverage control commission laws; prohibits the sale, possession, or consumption of powdered alcohol.

Fundraising



Hammerheads Team Night

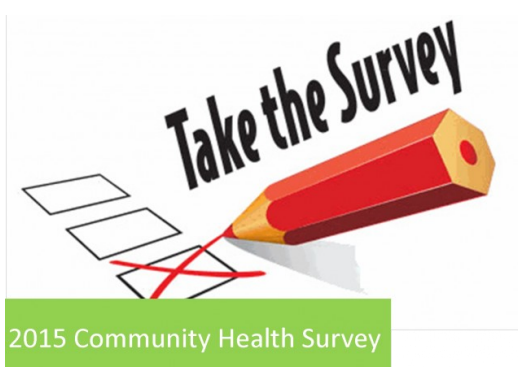
September 19th at 6pm.

We will have: an information booth, raffles, games, and lots of fun!!!

Volunteer Opportunities

Community Needs

Assessment— The Health Department is still collecting feedback from the community for the community health assessment. The assessment is completed only every 4 years in order to develop policies and programs for the community. The goal is to get feedback from 3,500 NHC residents—we are currently at 700. Please take the survey if you are a resident and pass the word along. www.surveyNHC.com



- **Medication Dropoff**- The next New Hanover County Medication Dropoff is Saturday, October 17th from 9am to 12pm at the Medical Mall.
- **Town Hall Meeting** - The Coalition will be partnering with Rape Crisis, UNCW, and the hospital to host a town hall meeting in October on sexual assault and alcohol.

If you are interested in participating in any of the above opportunities, contact Jane at prevent@coastalhorizons.org !

Free Trainings

Office of Juvenile Justice and Delinquency Prevention's Underage Drinking Enforcement Training Center

Topics - <http://www.ncjtc.org/PIRE/ES/Pages/default.aspx>

- Conducting Compliance Check Operations,
- Environmental Strategies,
- Party Prevention and Controlled Party Dispersal,
- Techniques for Managing Special Events,
- Source Investigations,
- Using Community Volunteers to Support Prevention and Enforcement of Underage Drinking

Addiction Professionals of NC Fall Conference

DATES: October 14-16

LOCATION: Wrightsville Beach, NC

<http://www.apnc.org/>

Breathe Easy NC

DATE: March 22-23, 2016

LOCATION: Raleigh, NC

<http://breathe easync.org/>

Meetings

- **Tuesday, September 8th,
9am – 10:30am**
- **Tuesday, October 13th,
9am – 10:30am**

Meetings are held at
Coastal Horizons Center
613 Shipyard Blvd Suite 104

We are very proud of one of our Coalition
youth leaders - Byron Whittington



Local teen's
artwork
featured on
"Under the
Dome"

<http://www.starnewsonline.com/article/20150628/ARTICLES/150629784/o/search>

Cape Fear Coalition for a Drug Free Tomorrow Mission Statement:

The mission of the Coalition is to support the community in its commitment to change attitudes, encourage action, and mobilize stakeholders around the issues of underage drinking, impaired driving, and substance abuse. As a community, we will achieve this through education, advocacy, and policy change.



<http://www.capefearcoalition.com/>

