

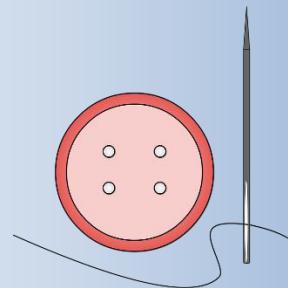
Helpful Tips for Parents Homeschooling During the Covid-19 Pandemic

Try to create a dedicated workspace for your child that is free from distractions. Music should be lyric-free, and distractions should be put away during “work-time.”



Set schedules in advance and try to maintain regular routines. This includes bedtimes, meals, and placing time limits on activities.

Brain breaks are important! Try to get crafty or teach them a new skill. Learning skills like how to sew a button, cook a dish or change a tire can all be helpful later in life.



Make sure they are staying as active as possible. Practice short drills or exercises together. Try doing a scavenger hunt. If they play sports, see if their coach has suggestions to do at home.

Make sure they are feeling socially connected. Virtual playdates are becoming popular & kid-friendly social media apps are available. You can also play games and spend time as a family.



Helpful Resources Available Online

Check your local county library's website for helpful resources that may be available online. Many library systems have resources such as homework help, e-books, audiobooks, and even live assistance from a librarian!

www.Prodigygame.com

- Learn and practice math for 1st-8th grade students

<https://classroommagazines.scholastic.com/>

- Engaging kid-appropriate magazine articles on every subject

www.Khanacademy.org

- Videos on any grade level, any subject

www.Dpi.nc.gov/districts-schools/testing-and-school-accountability/state-tests/end-grade-eog#released-forms

- Past EOG's to practice with answers included

<https://www.scholastic.com/teachers/teaching-tools/articles/resources/scholastic-learn-at-home--free-resources-for-school-closures.html#>

- 20 days of free supplemental lessons

<https://www.gutenberg.org/>

- E-books available for free

